

Foston Parish Council (FPC) Newsletter

Issue 2, 2021

www.fostonpc-lincs.uk/

County Elections 2021

On the 6th May 2021 the elections were held for Lincolnshire County Councillors and the Police and Crime Commissioner. Our County Councillor Alexander Maughan was re-elected for a further 4 years. Our Police Commissioner Marc Jones remains in post also.

Local Policing Teams

We are hoping to invite Maisie McMahon from the Lincolnshire Police Safer Together Team to talk to us. She covers North and South Kesteven and her key aim is to engage with the community, including parish, district and county councils to act as a conduit for the Neighbourhood Policing Teams.

Maise McMahon was scheduled to speak at our Annual Parish Meeting on Friday 9th April 2021, unfortunately she cancelled at the last minute. Hopefully, when she does attend a future meeting she will give an overview of her role and answer questions.

New Defibrillator



The Parish Council has purchased another new defibrillator for the Village Hall. We had a £600 donation from one of our District Councillors, Cllr Jane Wood and a grant from

the National Lottery Awards for All. The new defibrillator can be found on the outside corner of the village Hall by the bottom of the slope to the main entrance.



We strongly recommend that you watch the video below to familiarise yourself with this defibrillator.

www.youtube.com/watch?v=s5ZPLXdXPBc

PLEASE NOTE Due to the current Covid-19 coronavirus outbreak, there are several important changes to CPR that you should take note of in the video below:

https://vimeo.com/452246824?utm_source=watchpg

Hands-only cardiopulmonary resuscitation (CPR)

With the risk of coronavirus (Covid-19) The Resuscitation Council are advising NOT to give rescue breaths and to perform Hands-only CPR. Hands-only CPR can still increase a person's chance of survival.

When a person collapses in front of you, or you find somebody who has collapsed:

Check the area is safe, shake the person gently, and if unresponsive shout for help, and call 999. The emergency services will reassure you and talk you through CPR. If the casualty is not responsive and not breathing, then their heart has stopped working and they are having a cardiac arrest.

Do not put your face close to theirs. If you think there's risk of infection, use a towel or a piece of clothing and lay it over their mouth and nose. Put one hand on top of the other, interlinking your fingers. Your hand on the bottom should have the fingers open. Lock your fingers together, knuckles up. Then push down, in the middle of the chest right on the breast bone with the heel of your hand. Push down five or six centimetres. Push hard and fast about two times a

second, to the beat of Stayin' Alive. Do not worry about hurting someone. A cracked rib can be mended so concentrate on saving a life until the ambulance arrives.

To use a defibrillator, follow these simple steps:

- Step 1: Turn the defibrillator on by pressing the green button and follow its instructions.
- Step 2: Peel off the sticky pads and attach them to the patient's skin, one on each side of the chest, as shown in the picture on the defibrillator.
- Step 3: Once the pads have been attached, stop CPR and don't touch the patient. The defibrillator will then analyse the patient's heart rhythm.
- Step 4: The defibrillator will assess whether a shock is needed and if so, it will tell you to press the shock button. An automatic defibrillator will shock the patient without prompt. Do not touch the patient while they are being shocked.
- Step 5: The defibrillator will tell you when the shock has been delivered and whether you need to continue CPR.
- Step 6: Continue with chest compressions until the patient shows signs of life or the defibrillator tells you to stop so it can analyse the heartbeat again.

The Parish Council will be organising more face to face CPR and defibrillator training in the near future.

Contacting Parish Council

If you have any good ideas or you would like to contact the Council please do so via our Parish Clerk James Stanley. Contact details clerk@fostonpc-lincs.uk or 01522 889737.

Email up-date

We have almost the whole Village on our Parish Council email list to keep residents informed with Newsletters and urgent information. All information is emailed out as blind carbon copies.

If you have recently moved to Foston "Welcome" and we look forward to meeting you. To be kept informed with village information and news please email your email address to our Chairman Christina Lees at cmlees@btinternet.com thank you.

Councillors: contact details

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Parish Clerk

01522 889737

Mr James Stanley

Email: clerk@fostonpc-lincs.uk

South Kesteven District Council (SKDC)

01476 406080

District Councillors Paul Wood and Jane

Wood 01400 282223

Lincolnshire County Council (LCC)

01522 552222

County Councillor Alexander Maughan

07707 060022

Potholes report to highways 01522 782070

Or <https://fixmystreet.lincolnshire.gov.uk/>

We are now resuming face to face meetings in the Village Hall

Next Meeting 7th September 7.30pm