

Foston Parish Council (FPC) Newsletter

Issue 3, 2018

www.fostonpc-lincs.uk/

First Aid Training

On Tuesday 18th September the Parish Council organised another First Aid Training Course, provided by Newark Community First Aid. Key skills were taught including how to manage a casualty, control severe bleeding and how to use a defibrillator. The session was very useful and the Parish Council will organise another one if there is a request for more.



The defibrillator is a device that gives a high energy electric shock to the heart through the chest wall to someone who is in cardiac arrest. The Parish Council's defibrillator is located on Main Street in the old BT telephone box.

VERY IMPORTANT If the occasion arises when you need to use a defibrillator.

This is what you will need to do –

Telephone the Emergency Services and ask for an Ambulance and for the code for the defibrillator box on Main Street, Foston.

The Ambulance Service gives you the key code for the defibrillator box and will stay on the telephone line with you until help arrives.

Once you have the code then send somebody to get the defibrillator for you while you continue Cardiopulmonary resuscitation (CPR). The defibrillators are designed to help people with minimal training **use** them safely in emergency situations. They have numerous built-in safeguards and are designed to deliver a shock only if the Automated External Defibrillator (AED) detects one or more shocks are necessary.

If you have access to a suitable digital medium, please make time to watch this video.

<https://www.youtube.com/watch?v=fCF7GtM PN5A>

This also works as revision for people who have already attended a course. It might enable you to save someone's life one day!

UP-date Best Kept Village Competition

We would like to thank everybody for all their hard work during the summer. As yet we have not had any feedback although there should be some in the not too distant future. We hope to have another go next year and we will keep you posted.

Neighbourhood Watch

There has been a sharp increase in reports about fake TV Licensing emails claiming to offer refunds. The emails state that the refund cannot be processed due to "invalid account details". The links provided in the emails lead to phishing websites designed to steal personal and financial details.

Always question any unsolicited requests for your personal or financial information in case it's a scam. Never automatically click on a link in an unexpected email or text.

Lincolnshire Police have been notified of a fraud whereby victims receive an email claiming that they are due a tax refund. Please be aware, HMRC will never contact you by email, text message or telephone call regarding a tax refund or penalty. You can report something suspicious to HMRC's phishing team by forwarding texts to 60599 (you'll be charged the network rate) or via email to phishing@hmrc.gsi.gov.uk

Vacancy for Councillor

The Parish Council has still got one position to fill on the Parish Council. If you are interested in serving your community please contact the Chairman Christina Lees or the Clerk James Stanley for more details.

To qualify to become a Parish Councillor a person must be a British subject over 18 years old, be listed on the current electoral register, live in Foston, or within 3 miles of its boundary, or occupy as owner/tenant any land/premises therein or have a principal place of work within the Parish.

Picnic Bench

It has taken quite a while but at long last FPC has a picnic bench that will be installed on the Playing field within the next couple of months ready for next summer.

Parish Council Emailing List

To keep residents informed the Parish Council publishes 4 Newsletters a year plus a few additional emails per year if and when there is important information to share with the village.

If we have not got your email address or your email address has changed please fill in the form and drop it through the door to our Chairman or one of the Parish Councillors on the list opposite or email it to cmlees@btinternet.com many thanks.

To preserve the privacy of all resident's all email communications are sent out as blind carbon copies.

Name
Address
Email address
Please drop off at Western House Main Street Foston or email to Christina Lees

Councillors: contact details

Christina Lees: Chairman
01400 281309
Email: cmlees@btinternet.com
Western House, Main Street, Foston.

Tracey Gardner: Planning
01400 282727
Email: tracey.gardner@talktalk.net
Lancasters, Goosegate Lane, Foston.

Malcolm Smith: Playing Field Management
01400 283385
Email: malcolm.fostonpc@btinternet.com
Millom, Long Street, Foston.

David Guy
01400 282485
Email: dag4golf@gmail.com
1 Farm Close, Long Street, Foston.

Claude Preira
01400 283907
Email: claudio_preira@icloud.com
Village Hall Foston Church Street.

Emma Marshall
01400 282593
Email: emarshallsnet@gmail.com
Renard, Main Street, Foston.

Parish Clerk
01522 889737
Mr James Stanley
Email: clerk@fostonpc-lincs.uk

South Kesteven District Council (SKDC)
01476 406080

District Councillor Paul Wood
01400 282223

Lincolnshire County Council (LCC)
01522 552222

County Councillor Alexander Maughan
07707 060022

Potholes, report to Highways on 01522 782 070 or Lincolnshire County Council website - click on "Report" and keep clicking until you get to the Fault Location.

Next Parish Council Meeting 2018
Tuesday 6th November 7.30pm