

Foston Parish Council Newsletter

Issue 3, 2023

Free First Aid training

Tuesday 24th October 7pm – 9.30

Foston Village Hall, Church Street.

This is a brilliant free two and a half hour First Aid course run by Newark Community First Aid Charity. The training is excellent and essential to all Foston residents because if somebody has suffered a cardiac arrest an Ambulance is unlikely to get to Foston from Grantham in time to save their life. It is vitally important that everybody is familiar with the use of a potentially lifesaving piece of equipment, the defibrillator.

Newark Community First Aid Team



The course also includes key first aid skills, how to examine a casualty, control severe bleeding and manage a casualty in shock. Also manage an unconscious breathing casualty and the casualty who has ceased normal breathing.

As well as learning how to use a defibrillator we all need to have these basic lifesaving skills. You never know, it may be a member of your family or perhaps a friend who needs your help! This training is vital knowledge in an emergency situation. To reserve your place contact Christina Lees or Newark Community first aiders on 01636 683202.

Foston Neighbours (FN)



Foston Neighbours was set up by the Parish Council in 2020 and over

the last two and a half years they have been brilliant. FN is led by a key committee of 6 members along with a posse of other willing helpers during the monthly Breakfast club and Local Lunch.

Foston Neighbours has secured a slice of funding from the Lincolnshire Co-op's Community Champions initiative. The Community Champions idea is the Co-op's way of giving back to local communities.

They launched this idea back in 2013 and since then they have helped hundreds of local charities and community groups each year raising amounts from £200 to over £200,000.

£548.62 has been raised by the Co-op for Foston Neighbours. If you are involved in a local group or charity it is well worth checking lincolnshire.coop/communitychampions

The amount of money allocated to an approved group will depend on how much is spent in the Co-op over a three month period. Every time a member of the Co-op shops in one of their stores in Lincolnshire, the Co-op then makes a donation to a good cause through the Community Champions scheme. The groups that benefit from this scheme are chosen by the Co-op staff.

Speed Indicator Device

The Speed Indicator Device is currently out of action because we are getting it converted to be run by solar power. It will be back soon!

Wheelie Bin Stickers

We have a supply of 30 mph wheelie bin stickers if anybody would like a set. Please contact our Chairman Christina Lees if you would like a set of stickers.

Contacting Foston Parish Council

If you have any good ideas or you have a problem and you would like to contact the Parish Council please do so via our Parish Clerk James Stanley.

King Charles Coronation Party



We were so lucky with the weather, for the Coronation Picnic Party at the Village Hall. We had a bright and warm sunny day and the party went on well into the evening. The Children were presented with Coronation Medals in the afternoon and there were giant games for them to play with. Thank you to everybody who helped and attended, making this a day a successful day to remember.

Email up-date

We have almost the whole village on our Parish Council email list to keep residents informed with Neighbourhood Watch, Newsletters and any urgent information. All emailed out as blind carbon copies. If you have recently moved to Foston "Welcome" Please email our Chairman Christina Lees at cmlees@btinternet.com to be added to the Parish Council contact list, thank you.

Foston Parish Councillors

Christina Lees: Chairman
Main Street,
Foston.

Tracey Gardner
Goosegate,
Foston.

John Munro
Long Street,
Foston.

Henry Browne
Fallow Lane,
Foston.

James Baggaley
Top Farm,
Back Lane.

Council Contact Details

Parish Clerk James Stanley
07824 016 784 or 01522 889737
Email: clerk@fostonpc-lincs.uk

Foston Neighbours 07422 881 448

South Kesteven District Council (SKDC)
01476 406080

District Councillors
Paul Wood and Jane Wood
01400 282223

Lincolnshire County Council (LCC)
01522 552222

County Councillor
Alexander Maughan
07707 060022

Reporting Potholes, google fixmystreet add your postcode or village name and click on "Go" Then click on map to report a problem. Alternatively call highways on 01522 782070

Foston Parish Council Website

<http://www.fostonpc-lincs.uk/>

Next Meeting Tuesday 7th November 2023

7.30pm at Foston village Hall