

Foston Village Youth Group

Aim

Foston Youth Group aim:

Is to improve the quality of life for OUR Young People living in Foston Village “the Rural Community”, by providing personal and social development opportunities through positive engagement activities which inspire, builds confidence, team spirit thus empowering OUR Young People in their development to becoming exempla Citizens.

The Vision

In order to meet our Aim we will conduct the following:

- ❑ **Physical and Sport Activity.** This is key to building relationships and team spirit, which are essential to working together and the energy generated through activity, are seen as good for the heart, body and mind.
- ❑ **Community/Social Action.** A **community** is a social unit with commonality: values, customs, or identity and share a sense of place therefore, understanding and social Engagement we see as essential.
- ❑ **Challenging Outdoor Pursuits.** Interesting and exciting activity are key to promoting the desire to learn and develop allowing Young People (YP) to show their true potential
- ❑ **Personal Development.** The Youth Group Programme must deliver opportunities that focus on the development of the YP, including job workshops CV writing and Interview technique.

Group Routine

- The Youth Group will meet one evening a week (Wednesday TBC)
- The Youth Group will meet One weekend a month (Saturday or Sunday) for Field Trips or Activities
- LCVYS Summer Activity will be as per their Programme

Age Range. The suggested age range of the Foston Youth Group is 13 – 19 subject to confirmation. 18 and 19 year olds would become team leaders.

Administration

- Launch Date 21st January 2021
- Duty of Care, Safeguarding, DBS and Parent Consent Forms
- Constitution,
- Health and Safety, Equality and Diversity

Values and Standards

- ❖ Respect
- ❖ Understanding
- ❖ Conduct and Behaviour
- ❖ Responsibility (Self/Team)
- ❖ Environment & Community

Summary

- ❑ Fun and challenging activities
- ❑ Promote Team Spirit and develop friendships
- ❑ Develop yourself through resilience (positive mind)
- ❑ Enjoyment is key

What Next

All you need to do now, is express an interest and Sign Up. We will then be in touch.