

# NEWARK COMMUNITY FIRST AID

Registered Charity Number: 1152694

## LEARN BASIC FIRST AID



### Learn key first aid skills

How to examine a casualty, control severe bleeding and manage a casualty in shock. Also manage an unconscious breathing casualty and the casualty who has ceased normal breathing.



## FREE 2½ hour course

**YOU need to know these skills; it may be one of YOUR family or friends who need YOUR help!**

**To be held in FOSTON NG32 2LG**

**Tuesday 18 September 2018**

**7pm – 9:30pm**

**At the Village Hall Church Street**

**To book a place - Tel: 01636 683202 or**

**E.Mail: [newarkcommunityfirstaiders@hotmail.com](mailto:newarkcommunityfirstaiders@hotmail.com)**